

## HORARIO CLASES EN GIMNASIO

Actividad	Profesor/a	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
<b>Funcional Nivelado</b>	Micaela	08:00–09:00 09:00–10:00 10:00–11:00 11:00–12:00		08:00–09:00 09:00–10:00 10:00–11:00 11:00–12:00			
<b>Funcional Adaptado</b>	Rubén	16:30–18:00	10:00–11:00 20:00–21:00		20:00–21:00	10:00–11:00	10:00–11:00 12:00–13:00
<b>Spinning</b>	Rubén		11:00–12:00 19:00–20:00		19:00–20:00	11:00–12:00	11:00–12:00
<b>Pilates Mat</b>	Verónica	09:30–10:30 15:00–16:00		09:30–10:30 15:00–16:00	09:30–10:30 15:00–16:00		
<b>Pilates Reformer</b>	Verónica	08:30–09:30 10:30–11:30 16:00–17:00 17:00–18:00 18:00–19:00	08:30–09:30 09:30–10:30 10:30–11:30	08:30–09:30 10:30–11:30 16:00–17:00 17:00–18:00	07:30–08:30 08:30–09:30 10:30–11:30 16:00–17:00 17:00–18:00 18:00–19:00		
<b>Pilates Reformer</b>	Caterína					08:30–09:30 09:30–10:30	09:00–10:00 10:00–11:00